

Irish Universities Athletics Association



24th February 2011

Email: dit2011@iuaa.org

IUAA Web: www.crosscountry.iuaa.org

Local Host's Web: www.dit2011.iuaa.org

IUAA Cross Country Championships Saturday 12th March 2011 Dublin Institute of Technology

Dear Secretary,

The IUAA Cross Country Championships are taking place on Saturday 12th March 2011 in the National Aquatics Centre, Abbotstown, hosted by Dublin Institute of Technology. This year's event is being held in conjunction with the Irish Schools Athletics Association Cross Country Championships. This is the first championship to be hosted at this exciting new venue in Abbotstown.

A ladies team consists of fourteen members, and a men's team consists of sixteen members. Colleges can also enter up to ten non-scoring substitutes per team whom may compete provided they have been pre declared at check-in.

All students are asked to bring their student cards with them, as all athletes will be asked to confirm their registration details at check-in.

Ladies Race: Will start at 2.50pm sharp
Distance: 5km
Men's Race: Will start at 3.15pm sharp
Distance: 8km
Captains Meeting: 4pm.
Intersarsity Dinner and Presentation: 7.30pm (sharp) at Crowne Plaza Hotel, Northwood, Santry.
Tickets: €30.00 per head.
Entry Deadline: 10.00pm Wednesday, 9th March
Meal Ticket Deadline: 10.00pm Wednesday 9th March. **Payment Deadline** 4.00pm Friday 11th March.

Full details including entries, course maps, travel details, accommodation, FAQs and rules are online at www.crosscountry.iuaa.org or www.dit2011.iuaa.org and www.entries.iuaa.org.

If you have misplaced your IUAA online entries password, please contact passwords@iuaa.org immediately so as to insure that your athletes are entered on time.

Captains are reminded of the following:

All entries must be made online by the deadline. No late entries will be accepted. No new entries on the day will be accepted. Captains are strongly advised to enter complete teams and substitute athletes.

Meal Tickets: All meal tickets must be ordered online and paid for by the deadline, as Dublin Institute of Technology Athletic Club has to give numbers to the venue. No money will be handled on the day. Payment for all meal tickets ordered must be received by DIT by 4.00pm, Friday, 11th March. Meals will only be available to people with pre-paid tickets. Euro bank drafts / cheques should be made payable to DIT Athletic Club, Meal tickets will be given to your club captain in a pre-sealed envelope. **Post Bank Draft / Cheque to: Mr Herbert McClelland, Sports Office, Dublin Institute of Technology, Aungier St, Dublin 2, IRELAND**

Athletes must be eligible for IUAA competition as defined in 6.2.1 & 8.2 of the IUAA constitution.

One Year Down (OYD) athletes can only compete in the season immediately following the academic year in which they were last held a valid student card. Athletes can't compete as a OYD during a year off books.

Check-in opens at 12 noon and closes 30 minutes prior to the start of each race, so as to allow the races to start on time. All athletes are encouraged to check-in early so as to avoid a last minute rush.

We look forward to seeing you at the Cross Country Championships.

Yours in sport,

Paul Butler
Chair Universities Committee 2010-2012

Chris Kelly
Dublin Institute of Technology Athletics Club